



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted.

Staff will try their best to meet everyone's needs, but if behavior problems persist,
you will be asked to provide an aid or to withdrawal from the activity.



March/April 2008

DEAR PARENTS & FRIENDSHIP CLUB MEMBERS: Hello everyone! Please be advised that **Saturday Bowling** will be moved to **Thunderbird Lanes at 400 W. Maple between Crooks and Livernois** for **March 29, April 5, 12 & 19** due to a tournament at Troy Lanes. There will be flyers at Bowling for the next several weeks to remind everyone.

It is almost spring and time for softball. Let's spread the word about this great program and try and get enough interest for a second team. Check out the attached flyer and ask a friend to sign up with you!!

Our trip to Splash Universe was well attended and plans are underway for a summer trip. Feel free to call me with any ideas you may have for locations we could visit or activities in which we could participate. Your suggestions are always welcome.

A survey will be included with this newsletter. We would like your feedback on how we are doing.

Please fill it out and mail it back in the self addressed envelope or drop it off at the Community Center to the attention of Elaine Torvinen.

For the safety of your participant, **PLEASE DO NOT DROP PARTICIPANTS OFF EARLY FOR AN EVENT AND LEAVE. THE PARKS AND RECREATION FRONT DESK STAFF ARE NOT RESPONSIBLE!!**

MARCH

MONDAY, March 3 - DINERS CLUB

The restaurant this month will be at **Logan's** Restaurant at 86 W 14 Mile Rd Troy 48083 at the NW corner of 14 and John R.

Activity # 135307H riding in Troy Vans or **135307HH** (own transportation)

Time: 6-8:15 p.m.

Location: **135307H** Meet at Troy Community Center at 6pm. **135307HH** meet at the Restaurant at **6:30pm**

Cost: \$22 – includes dinner, beverages, tip, chaperones and transportation from the Community Center.

MONDAY, March 10- MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center.

The movie for this month will be **Night at the Museum**.

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: \$4.00 (includes movie, drink, and a pizza snack). **NO PRE-REGISTRATION REQUIRED**

FRIDAY, March 14 - FRIDAY FROLIC –This dance is for persons 16 and up. Join us and bring a friend!!!

Reservations are not required.

Time: 7:00 - 9:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

MONDAY, March 24- BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED.**

APRIL

MONDAY, April 7 - DINERS CLUB

The restaurant this month will be at **Fuddrucker's** Restaurant at 42757 Woodward Ave. Bloomfield Hills MI near Woodward and Sq. Lake.

Activity # 135307J riding in Troy Vans or **135307JJ** (own transportation)

Time: 6-8:15 p.m.

Location: **135307J** Meet at Troy Community Center at 6pm. **135307JJ** meet at the Restaurant at **6:30pm**

Cost: \$22 – includes dinner, beverages, tip, chaperones and transportation from the Community Center.

FRIDAY, April 11 - FRIDAY FROLIC –This dance is for persons 16 and up. Join us and bring a friend!!!

Reservations are not required.

Time: 7:00 - 9:30pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

MONDAY, April 14 - MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center. The movie for this month will be **The Bee Movie**.

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: \$4.00 (includes movie, drink, and a pizza snack). **NO PRE-REGISTRATION REQUIRED**

MONDAY, April 28 - BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30 pm

Location: Troy Community Center

Cost: \$4.00 **NO PRE-REGISTRATION REQUIRED**

Softball

Register now for the 2008 softball league. Practices begin on May 6 and will be held on Tuesdays and Thursdays from 6:30- 8 pm at Raintree Park. This league is for ages 13 and older. We will move to Firefighters Park in June. Games begin in late May through the end of July on Thursdays at 6:30 p.m. Tuesday practices will continue throughout the season. The fee is \$49 and this includes transportation to away games, coaches and an end of the season picnic. All players will receive new t shirts this year to be used for two years. **To register, ask for Activity 125338C.** Space is limited. The determination of whether to have one or two teams will be based on the number registered by April 1. Please register early and **DO** put your name on the waiting list if you are told that the first team is full. **The number on the waiting list as of April 1 will determine whether we will have a second team.** If you want to be placed on the same team as another player for car pool reasons, etc. please indicate this when you register. Please ask a friend to sign up with you so we can have two teams this year!

My Chance To Dance

Winner of 2002 Governor's Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build success. Wheelchairs and walkers welcome! **Payment should be made to the instructor at class.** The fee is \$5 per class for drop in or \$35 for eight classes paid in advance.

Day	Time	Location	Ends
Thursday	7-8 p.m.	Big Beaver Church 3753 John R south of Wattles	April 24

Thursday Daytime Friendship Club

This camp for ages 18 and older meets every Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions.

The fee is **\$68 per month for July 2007- June 2008. Pre-registration is required and you must register for the entire month. Register early!!! Space is limited. If you wait until the first Thursday of the month to register the program may be filled.** You can register now for any month through June of 2008. Please let us know if you have any questions. You can call Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov .

We ask that interested new participants attend with a family or staff member on a Thursday prior to registering to check out the program and give staff time to ask questions to ascertain the needs of the participant. This will also give ample time for all necessary paperwork to be completed before enrolling. Thanks for your cooperation.

The activity numbers for this season are as follows:

March (135302J) May (135302L)
April (135302K) June (135302M)

Staff will try their best to meet everyone's needs, but if **personal daily living needs or behavior problems persist** we will ask you to provide an aide or withdraw from the program. **Aides are not required to pay the \$68 fee but must pay for meals, admission fees for field trips and other incidentals. Please come prepared to pay the appropriate fee. A receipt can be issued for reimbursement purposes.**

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household - annual income of \$24,450 or less; 2 person household - annual income of \$27,950 or less; 3 person household - annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants for financial aid must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for reservation information. There is no charge for Medi-Go, but donations are accepted.

Thursday's Schedule

Morning - Gym

Lunch – For the first two weeks of each month, lunch will be provided. The first week we will be go out to lunch at a local restaurant. The second week, we will be having a pizza lunch with salad and pop. For the remainder of the month we ask that you please bring a sack lunch.

Afternoon - The activities planed for the afternoon include walks outside, dancing, movies, games, playing pool, ping pong and more!!!

NOTE: We may start swimming on a day other than the second Thursday of the month since we are so full after our pizza and salad lunch on that day. Be sure to check your monthly daytime schedule carefully.



Special Olympics
Michigan
Oakland County

Team Troy Special Olympics Parent's Page

(248) 524-3484 3179 Livernois Troy, MI 48083

Anyone needing information regarding health forms can contact the Special Olympics office at (586) 731-0922.

ON GOING EVENTS

Basketball	Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Pre-registration is required. Minimum age: 16.
Bowling	Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square Lake west of John R). <u>\$5 per week includes shoes and three games.</u> Drop-in. Minimum age: 10.
Daytime Friendship Club	Meets at the Community Center every Thursday from 10 a.m. – 3 p.m. Activities include sports, field trips, movies, games and more. \$68 per month. Pre-registration is required. Minimum age: 18.
Diners Club	Meet at the Community Center on the first Monday of each month and travel by van to a local restaurant for dinner. Pre-registration is required. Minimum age: 16.
Friendship Club	For teens and adults with developmental disabilities, this club meets on the second and fourth Monday evening at the Troy Community Center. The second Monday is Movie and Pizza night and the fourth Monday is Bingo night. Reservations are not required. Minimum age: 13.
Friday Frolic	This dance for teens and adults with developmental disabilities is held on the second Friday of each month (except July and August) at the Troy Community Center from 7 – 9:30 p.m. The fee is \$4 at the door. Reservations are not required. Minimum age: 16.
My Chance to Dance	Thursday evenings from 7-8pm at the Big Beaver United Methodist Church September – April. Minimum age 13. More information in September newsletter.
Performing Arts Club	For teens and young adults with developmental disabilities. Wednesdays (except the 3 rd Wed.) from 7-9 pm at the Troy Community Center. A donation of \$2 per week is requested. Co-sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-585-5246. Minimum age: 16.
Soccer League	Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA 248-524-0170 for information.
Softball	A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-registration required. Minimum age: 16.
Special Events	Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.
Special Olympics	Team Troy Special Olympics participates in swimming, track and field, and golf. Watch for information in this newsletter. Minimum age: 8.
Weight Watchers	Thursdays at 6:15 pm at the Troy Community Center. The fee is .50 per week plus a \$1 initiation fee. Braille is available. Persons accompanying a program participant may participant for the same fee. Cosponsored by the ARC. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.
Wheelchair Sports	For men and women 18 and older with physical disabilities. Friday evenings at Boulan Middle School, September through March. Call Oakland County Parks at 248-858-7596 for details.

Mail-In Registration Form

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant: _____ **Activity #(s):** _____

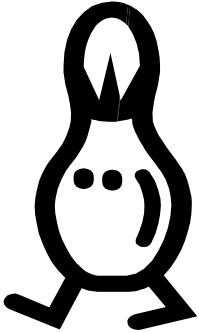
Address: _____ **Phone:** _____

Signed: _____ **Date:** _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:
Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.ci.troy.mi.us and click on the Parks and Rec Registration button on the home page. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.

Saturday Morning Bowling temporarily on the move!!!



Please be advised that Saturday morning bowling will be held at Thunderbird Lanes at 400 W. Maple between Crooks and Livernois on March 29, April 5, 12 and 19 due to a tournament at Troy Lanes. Same time! Same fee!



March 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Bowling 11am-1pm
2	3 Diner's Club 6pm-8:15pm Logan's	4 Basketball 6:30pm-8:30pm	5 Performing Arts 7:00pm	6 Friendship Club 10am-3pm W. Watchers 6:15	7	8 Bowling 11am-1pm
9	10 Movie and Pizza 6:30pm-8:30pm	11 Basketball 6:30pm-8:30pm	12 Performing Arts 7:00pm	13 Friendship Club 10am-3pm W. Watchers 6:15	14 Friday Frolic 7pm-9:30pm	15 Bowling 11am-1pm
16	17	18 Basketball 6:30pm-8:30pm Snow day make-up (If needed)	19	20 Friendship Club 10am-3pm W. Watchers 6:15	21	22 NO BOWLING Happy Holiday
23 Easter	24 Bingo 7:00pm-8:30pm	25	26 Performing Arts 7:00pm	27 Friendship Club 10am-3pm W. Watchers 6:15	28	29 Bowling 11am-1pm Thunderbird Lanes 400 W. Maple
30	31					

April 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Performing Arts 7:00pm	3 Friendship Club 10am-3pm W. Watchers 6:15	4	5 Bowling 11am-1pm Thunderbird Lanes 400 W. Maple
6	7 Diner's Club 6pm-8:15pm Fuddrucker's	8	9 Performing Arts 7:00pm	10 Friendship Club 10am-3pm W. Watchers 6:15	11 Friday Frolic 7-9:30 pm	12 Bowling 11am-1pm Thunderbird Lanes 400 W. Maple
13	14 Movie and Pizza 6:30pm-8:30pm	15	16	17 Friendship Club 10am-3pm W. Watchers 6:15	18	19 Bowling 11am-1pm Thunderbird Lanes 400 W. Maple
20	21	22	23 Performing Arts 7:00pm	24 Friendship Club 10am-3pm W. Watchers 6:15	25	26 Bowling 11am-1pm Back to Troy Lanes
27	28 Bingo 7pm-8:30pm	29	30			